

Staying Healthy

**An English Learner's Guide to
Health Care and Healthy Living**

Sabrina Kurtz-Rossi,
Martha A. Lane, Julie McKinney,
Jordana Frost, Gregory Smith

**Florida Literacy Coalition
Florida's Adult and Family Literacy Resource Center**

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Florida Department of Education, Division of Workforce Education

Development Team

Sabrina Kurtz-Rossi, Martha A. Lane, Julie McKinney, Jordana Frost, Gregory Smith

Health Literacy Project Coordinator

Jordana Frost

Graphic Design

Kellie Warren-Underwood, Cory Knowlton

Expert Reviewers

Edna Apostol, MPH; Clara Louise Augustine, Licensed Dietician; Bertha Bruner, RN

Volunteer Models

Kerrie Perez, Mayra Sanchez, Mirna Chamorro, Desirée Perez, Samantha Sparks, Yari Payne, Gregory Smith, Alexza Pantoja, Sarah Feuer, Maucler Pierre, Irlande Lafalaise, Jean Baptiste Marie Farnette, Ismaelie Guerrier, Robert Saint Fleur, Marcelene Destinvil, Noel Poussely, Maureen Idrinski, Roland Thomson, Sandy Lang, Gladys Rondon, Angel Ramos

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